



**Skint, shaken  
yet still caring.**

But who is caring for  
our nurses?



## **Skint, shaken yet still caring: but who is caring for our nurses?**

**Not only are nurses twice as likely to suffer financial hardship, but nurses are three times more likely to face domestic abuse than the public. This is appalling and we're taking action.**



Cavell Nurses' Trust spoke to over 2,200 nurses, midwives and HCAs about financial hardship and deprivation, domestic abuse, health, illness, wellbeing and employment. Here's what we found:



AS LIKELY TO BE UNABLE TO AFFORD BASIC NECESSITIES MANY OF US TAKE FOR GRANTED.

NURSING PROFESSIONALS



MORE LIKELY TO HAVE EXPERIENCED DOMESTIC ABUSE IN THE LAST YEAR THAN THE AVERAGE PERSON IN THE UK.

ONLY **61%**   
OF NURSES SAID THEIR HEALTH WAS GOOD OR VERY GOOD. THIS IS 74% IN THE GENERAL PUBLIC.



OF NURSING PROFESSIONALS HAVE A PHYSICAL OR MENTAL HEALTH CONDITION EXPECTED TO LAST LONGER THAN A YEAR. THIS IS JUST 34% IN THE GENERAL PUBLIC.

THE NURSING PROFESSION RATED THEIR ANXIETY AS

**4.93** out of 10

THE GENERAL PUBLIC RATED THEIRS JUST 2.93.



## Will you be here for nurses?

Cavell Nurses' Trust gives money and support to nurses, midwives and healthcare assistants (HCAs) who are facing financial hardship, often because of illness, domestic abuse and the effects of older age.

If you believe we should be here for nurses, please join us and take action at **[cavellnursestrust.org/research](https://cavellnursestrust.org/research)**

If you're a nurse, midwife, HCA or work in healthcare, please take action and help your colleagues at **[cavellnursestrust.org/research](https://cavellnursestrust.org/research)**

## Still caring

In spite of all this, nursing professionals are getting on with the vital job of caring for the UK.

Nurses give so much to us all. They help bring our children into the world. They care for us when we're dying. They're here for us with care and compassion at the darkest and the brightest moments in-between.

**Let's create a society which cares for the people who care for it.  
LET'S BE HERE FOR NURSES.**





## Why ask these questions?

We found all of this out because we're **#HereForNurses**. This is a serious ambition for all the staff, trustees, volunteers and wonderful supporters which make Cavell Nurses' Trust tick.

To realise this ambition, we knew we needed to help more people, be more effective and find more people who want to be here for nurses.

## Will you be here for nurses?

If you believe we should be here for nurses, please join us and take action at **[cavellnursestrust.org/research](https://cavellnursestrust.org/research)**

If you're a nurse, midwife, HCA or work in healthcare, please take action and help your colleagues at **[cavellnursestrust.org/research](https://cavellnursestrust.org/research)**

Your action pack includes help cards, posters, tips on sharing information and lots of ways you can raise awareness of the support Cavell Nurses' Trust can give.





## About Cavell Nurses' Trust

Cavell Nurses' Trust is here for nurses, midwives and healthcare assistants (HCAs) with money and support when they are experiencing personal or financial hardship.

We also help people who are retired or have changed profession and help students in exceptional situations.

We're proud to offer a listening ear and practical support to everyone who gets in touch.

Cavell Nurses' Trust was established in 1917 following the execution of British nurse Edith Cavell in WW1.

She helped 200 Allied soldiers reach freedom from German-occupied Belgium and Cavell Nurses' Trust is her living legacy. We're proud to maintain Edith's values of compassion, courage and care in the work we do.

Put simply, we're **#HereForNurses**





## CASE STUDY I

# Health

## Michelle

*"I was devastated; the idea that I wouldn't walk again and be unable to return to work was horrible. I couldn't imagine my life without nursing"*

In 2010, nurse Michelle's life changed forever. Until then, she'd worked with new born babies suffering heart problems and loved every minute of it, but increasing pain in her lower back turned into bad news - two ruptured discs. It soon became clear that Michelle would be a wheelchair user for the rest of her life.

Michelle's determination was strong and after five months in hospital and six months rehabilitation, she was ready to return to work. But costly modifications were needed to her wheelchair so Cavell Nurses' Trust was able to secure funding to convert her manual wheelchair into an electric one. This help has ensured Michelle's return to work as a Cardiac Education Nurse.

*"The help I've received from Cavell Nurses' Trust has been life changing, I will be forever grateful to them."*

## CASE STUDY 2

# Domestic abuse

*Louise*

*"I've given so much during my nursing career and I'm so grateful to know that Cavell Nurses' Trust are there for me if I need help."*

A student job in a nursing home opened Louise's\* eyes to a career caring for others and after qualifying in 2005, she nursed in her local hospital. Now a nurse and mother, Louise found her life took a bad turn as her partner was becoming increasingly abusive towards her – physically, emotionally and financially.

She ended up in a women's refuge with a bag of clothes and a toy for each child. Cavell Nurses' Trust was quickly able to fund items for Louise's new home and pay her registration costs, allowing her to return to her beloved nursing career.

\*Name has been changed

*"I just had to get out. Me and the children weren't safe and I had no choice but to leave the house one day and never go back."*



## Financial hardship and deprivation



# 28%

of HCAs couldn't afford two pairs of all-weather shoes

NURSES, MIDWIVES AND HCAs  
**ARE NEARLY TWICE AS LIKELY**  
TO BE UNABLE TO AFFORD THE  
BASIC NECESSITIES MANY OF  
US TAKE FOR GRANTED...



**A home in a decent state of repair**



**Replace broken furniture like beds**



**Fix or replace a broken fridge or cooker**



of HCAs would like to save at least £20 per month for a rainy day, but can't afford to



# 18%



OF HCAs DON'T HAVE  
ENOUGH MONEY TO KEEP  
THEIR HOME WARM

**Financial hardship  
and deprivation**



"I would like to have  
this, but can't afford it."



**A HOME IN  
A DECENT  
STATE OF  
REPAIR:**

N.Ireland

**43.6%**



Scotland

**44.8%**



England

**49.9%**



Wales

**54.2%**



Compared to the general  
population, HCAs are

**5** **TIMES**  
MORE LIKELY

to miss out on  
a hobby because  
they can't afford one.



Only

**61%**

of nurses said their health was good or very good. This figure is as high as **74%** in the general population.

Scotland

**50%**

N.Ireland

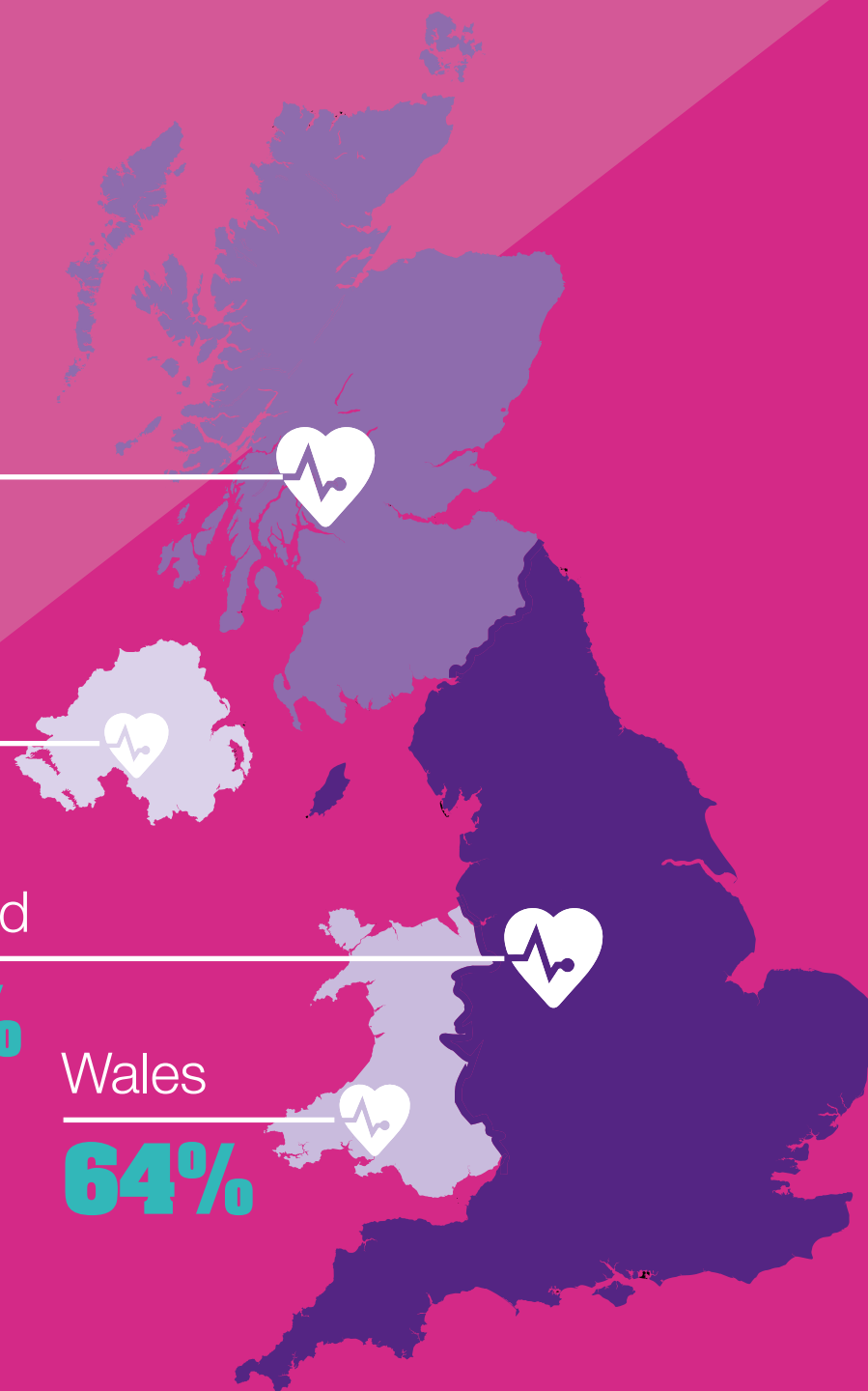
**58%**

England

**60%**

Wales

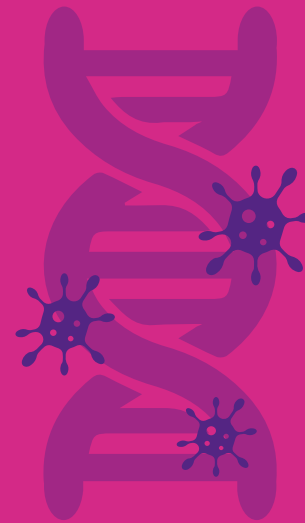
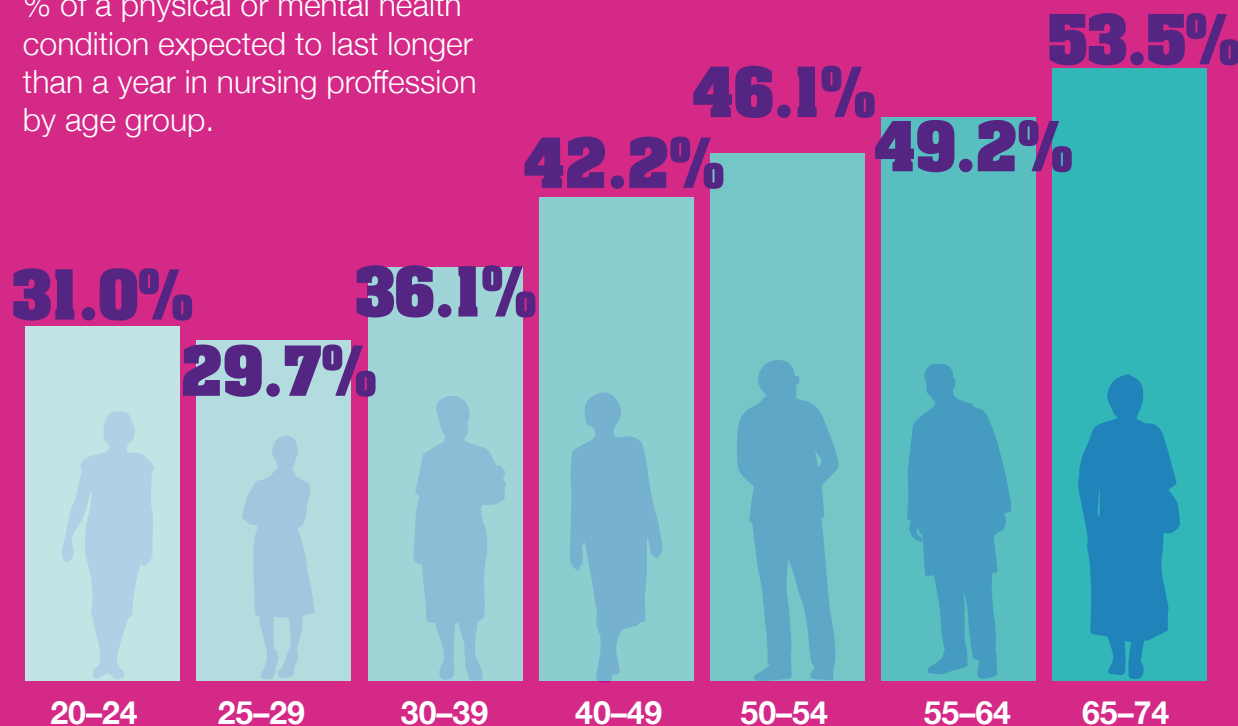
**64%**



# TWO IN EVERY FIVE NURSES

has a physical or mental health condition expected to last longer than a year.

% of a physical or mental health condition expected to last longer than a year in nursing profession by age group.



## Illness



# 42.5%

OF NURSING PROFESSIONALS HAVE A PHYSICAL OR MENTAL HEALTH CONDITION EXPECTED TO LAST LONGER THAN A YEAR.

# 49.6%

OF THE SCOTTISH NURSING PROFESSIONALS REPORTED AN ILLNESS THAT EXPECTED TO LAST LONGER THAN A YEAR.



# 41.7%

OF THE WELSH NURSING PROFESSIONALS REPORTED AN ILLNESS THAT EXPECTED TO LAST LONGER THAN A YEAR.





## Domestic abuse



**BRUISES, BLACK EYES, CUTS OR SCRATCHES AND BROKEN BONES.**

IN THE LAST YEAR:

**1/50 NURSES WERE INJURED.**

## NURSING PROFESSIONALS ARE THREE TIMES MORE LIKELY

TO HAVE EXPERIENCED DOMESTIC ABUSE IN THE LAST YEAR THAN THE AVERAGE PERSON IN THE UK.



**1/10 NURSES FACED NON-PHYSICAL ABUSE IN THE LAST YEAR. FOUR TIMES HIGHER THAN THE RATE FOR THE GENERAL PUBLIC.**



**1/7** nurses, midwives and HCAs has experienced domestic abuse in the last year.

**UNDER THREAT. 4.4% of the nurses we spoke to had been threatened in the last year. This means that someone said they would hurt or kill them, or that they would use a weapon against them or someone close to them, like their child.**

Whilst nurses, midwives and HCAs feel only a little less satisfied and happy with their lives than the general population, they feel much **more anxious**.

Wellbeing



Nursing professionals  
gave a score of  
**4.93 OUT 10**  
compared to **2.93** in  
the general public.

But the good news is, on  
the same scale, nurses felt  
the things they do in life  
are worthwhile scoring

**8 OUT 10**





#HereForNurses



## Our pledge

This report reveals the extent of the hardship faced by nursing professionals right across the UK.

I personally found it very moving to read. I was incredibly angry that the UK's nurses were facing such hardship. But as I moved beyond my first reading, what happened to me, and what happened to the all of the staff, trustees and supporters at Cavell Nurses' Trust, was something very different.

## What happened next was resolve to do something about it.

We've all had personal experience of nursing care amongst our friends and our families. So I don't think it's possible to read these shocking statistics and not think of the people affected. It's difficult not to think about the person behind the uniform.

I've had the immense privilege of working alongside so many remarkable nursing professionals in my career. I have also seen first-hand how ill health can affect a nurse. You see, the most important nurse in my life is my mother, who was dedicated to the care of others for decades.

## Could this report be a catalyst for making a change?

The money and support Cavell Nurses' Trust gives must be made available to more and more people. To do this we need to raise awareness of the cause described in this report. We need to raise awareness of the help available. And we need to raise the funds to make it all happen.

Cavell Nurses' Trust can only do this with your support. So I ask you to consider how you, the people you know and the people you work with, could be here for nurses too.

Thank you.

**Simon Knighton,**  
Chairman Cavell Nurses' Trust





**“I was incredibly angry that the UK’s nurses were facing such hardship”**

Simon Knighton, Chairman

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## Analysis – Financial Hardship and Deprivation

This data compares some of the key measures from an existing survey so we can compare nurses to the general public.

The deprivation questions were taken from the Poverty and Social Exclusion (PSE) “Living Standards Survey” of the UK population 2012.

The study found what the UK thinks are ‘necessities’. Things we should be able to afford and which no one should have to go without.

The Living Standards Survey then measured who has and doesn’t have each necessity. It shows a difference between people who chose to not have these necessities and people who can’t afford them. People who can’t afford a necessity are described as deprived.

The key data for each measure uses the response to the question “I would like to have this, but can’t afford it at the moment” i.e. the figures in **purple**.

Looking at the responses, nursing professionals consistently score significantly higher on all these measures registering over a 20% difference.

The nursing population of the UK are significantly more likely, on average about twice as likely, to be deprived of the basic necessities i.e. things that everyone should be able to afford and which no one should have to go without.

The Living Standards Survey devised a multiple deprivation measure of the number of people reporting that they could not afford at least three of the basic necessities and activities. For the general population about a third (33%) could not afford at least three of the basic necessities. For our survey of nurses, midwives and healthcare assistants over half 57% could not afford at least three of the basic necessities.

Looking at analysis by profession the figures highlighted in **pink** indicate the group most likely to be unable to afford this necessity and the figures highlight in **green** those most likely to be able to afford this necessity. However, even for those people who are more able to afford these necessities they are still generally more financially deprived than the general UK population.

It is clear from this data that healthcare assistants are consistently more likely to be deprived of the basic necessities. Compared to the general population nurses and midwives are nearly twice as likely to be unable to afford the basic necessities whereas healthcare assistants are nearly three times as likely to be unable to afford the basic necessities we all take for granted.



Please tell us which items you do or do not have		Nurse	Midwife	Healthcare Assistant	Total	PSE UK Average 2012 "General public"
<b>Q7_1. Enough money to keep your home in a decent state of repair</b>	I have this	48%	46%	30%	44%	74%
	I would like to have this, but can't afford it at the moment	46%	46%	57%	48%	19%
	I do not want or need this at the moment	4%	4%	9%	5%	
	I don't know/can't answer this	2%	4%	4%	3%	
<b>Q7_2. Enough money to replace any worn out furniture</b>	I have this	36%	35%	19%	32%	58%
	I would like to have this, but can't afford it at the moment	52%	55%	65%	55%	32%
	I do not want or need this at the moment	12%	11%	13%	12%	
	I don't know/can't answer this	1%	0%	3%	1%	
<b>Q7_3. Enough money to replace or repair broken electrical goods such as refrigerator or washing machine</b>	I have this	47%	46%	24%	43%	67%
	I would like to have this, but can't afford it at the moment	36%	38%	52%	39%	26%
	I do not want or need this at the moment	16%	16%	21%	17%	
	I don't know/can't answer this	1%	0%	3%	1%	
<b>Q7_4. A small amount of money to spend each week on yourself, not on your family</b>	I have this	57%	53%	35%	52%	77%

Please tell us which items you do or do not have		Nurse	Midwife	Healthcare Assistant	Total	PSE UK Average 2012 "General public"
<b>Q7_4. A small amount of money to spend each week on yourself, not on your family</b>	I would like to have this, but can't afford it at the moment	39%	44%	56%	43%	18%
	I do not want or need this at the moment	3%	3%	7%	4%	
	I don't know/can't answer this	1%	0%	2%	1%	
<b>Q7_5. Two pairs of all-weather shoes</b>	I have this	77%	74%	58%	73%	88%
	I would like to have this, but can't afford it at the moment	16%	18%	28%	19%	7%
	I do not want or need this at the moment	6%	8%	12%	8%	
	I don't know/can't answer this	0%	0%	2%	1%	
<b>Q7_6. Regular savings (of at least £20 a month) for rainy days</b>	I have this	52%	52%	32%	48%	58%
	I would like to have this, but can't afford it at the moment	44%	45%	62%	48%	31%
	I do not want or need this at the moment	3%	2%	4%	3%	
	I don't know/can't answer this	1%	1%	3%	1%	

Source: Data from the PSE UK questionnaire from the FRS survey 2012

Please tell us which items you do or do not have

		Nurse	Midwife	Healthcare Assistant	Total	PSE UK Average 2012 "General public"
<b>Q7_7. Heating to keep the home adequately warm</b>	I have this	89%	88%	73%	85%	90%
	I would like to have this, but can't afford it at the moment	7%	8%	18%	9%	7%
	I do not want or need this at the moment	3%	3%	6%	4%	
	I don't know/can't answer this	1%	1%	3%	1%	

Source: Data from the PSE UK questionnaire from the FRS survey 2012

Please tell us which activities you do

		Nurse	Midwife	Healthcare Assistant	Total	PSE UK Average 2012
<b>Q8_1. A hobby or leisure activity</b>	I do this	63%	63%	48%	60%	71%
	I would like to do this but can't afford it at the moment	27%	25%	39%	29%	8%
	I do not want or need this at the moment	7%	9%	9%	8%	
	Don't know/Can't answer	2%	3%	4%	3%	
<b>Q8_2. A holiday away from home for one week a year, not staying with relatives</b>	I do this	60%	59%	39%	55%	59%
	I would like to do this but can't afford it at the moment	37%	37%	56%	41%	25%
	I do not want or need this at the moment	3%	3%	4%	3%	
	Don't know/Can't answer	1%	1%	1%	1%	



Please tell us which activities you do		Nurse	Midwife	Healthcare Assistant	Total	PSE UK Average 2012
<b>Q8_3. Have friends or family round for a meal or drink at least once a month</b>	I do this	56%	52%	46%	53%	62%
	I would like to do this but can't afford it at the moment	23%	26%	35%	25%	10%
	I do not want or need this at the moment	18%	19%	15%	17%	
	Don't know/Can't answer	4%	2%	4%	4%	

## Age analysis

The figures highlighted in pink show the age group most likely to be unable to afford this necessity and the figures highlight in green those most likely to be able to afford this necessity.

However, even for these nurses who are more able to afford these necessities they are still generally more financially deprived than the general UK population.

The 30-39 years old age group report the greatest financial hardship and the 65-74 year olds the least.

Please tell us which items you do or do not have – I would like to have this, but can't afford it at the moment	Age						
	20-24	25-29	30-39	40-49	50-54	55-64	65-74
Q7_1. Enough money to keep your home in a decent state of repair	42.0%	43.4%	54.0%	53.8%	49.3%	42.0%	33.8%
Q7_2. Enough money to replace any worn out furniture	54.0%	62.1%	65.2%	61.2%	53.4%	42.2%	31.0%
Q7_3. Enough money to replace or repair broken electrical goods such as refrigerator or washing machine	49.0%	46.9%	49.9%	43.2%	38.4%	27.6%	21.1%
Q7_4. A small amount of money to spend each week on yourself, not on your family	45.0%	42.1%	54.3%	50.3%	44.3%	29.6%	23.9%
Q7_5. Two pairs of all-weather shoes	23.0%	26.9%	26.8%	19.7%	17.7%	11.4%	5.6%
Q7_6. Regular savings (of at least £20 a month) for rainy days	45.0%	53.1%	58.7%	52.0%	47.8%	38.8%	29.6%
Q7_7. Heating to keep the home adequately warm	9.0%	9.7%	9.6%	8.7%	11.6%	9.8%	7.0%

**Please tell us which activities you do – I would like to do this, but can't afford it at the moment**

**Age**

	20-24	25-29	30-39	40-49	50-54	55-64	65-74
Q8_1. A hobby or leisure activity	31.0%	39.3%	39.2%	32.3%	27.6%	19.6%	15.5%
Q8_2. A holiday away from home for one week a year, not staying with relatives	49.0%	44.8%	51.7%	46.5%	38.4%	28.8%	21.1%
Q8_3. Have friends or family round for a meal or drink at least once a month	21.0%	30.3%	32.5%	29.2%	27.3%	16.7%	4.2%

## Country Analysis

All countries report high levels of hardship. Northern Ireland generally reports the most hardship while Scotland generally reported the least – but the differences were small.

**Please tell us which items you do or do not have – I would like to have this, but can't afford it at the moment**

**Country**

	England	Northern Ireland	Scotland	Wales
Q7_1. Enough money to keep your home in a decent state of repair	49.9%	43.6%	44.8%	54.2%
Q7_2. Enough money to replace any worn out furniture	56.5%	64.1%	54.4%	59.7%
Q7_3. Enough money to replace or repair broken electrical goods such as refrigerator or washing machine	41.0%	48.7%	40.0%	41.7%
Q7_4. A small amount of money to spend each week on yourself, not on your family	44.4%	51.3%	45.6%	48.6%
Q7_5. Two pairs of all-weather shoes	19.4%	23.1%	19.2%	19.4%
Q7_6. Regular savings (of at least £20 a month) for rainy days	50.0%	51.3%	51.2%	56.9%
Q7_7. Heating to keep the home adequately warm	10.0%	23.1%	9.6%	13.9%

**Please tell us which activities you do – I would like to do this, but can't afford it at the moment**

**Country**

	England	Northern Ireland	Scotland	Wales
Q8_1. A hobby or leisure activity	30.6%	25.6%	26.4%	31.9%
Q8_2. A holiday away from home for one week a year, not staying with relatives	42.4%	56.4%	40.8%	37.5%
Q8_3. Have friends or family round for a meal or drink at least once a month	25.3%	35.9%	29.6%	30.6%

## English Region Analysis

Compared to other English regions East Anglia reported less hardship whereas Greater London and the South East reported more hardship. Interestingly when looking at social activities the

North West reported least hardship and Greater London's and the South East again reported the most hardship.

### English Region

Please tell us which items you do or do not have – I would like to have this, but can't afford it at the moment	East Anglia	East Midlands	Greater London	North East	North West	South East	South West	West Midlands	Yorkshire & Humber
Q7_1. Enough money to keep your home in a decent state of repair	39.0%	47.3%	56.8%	46.8%	45.8%	62.2%	48.8%	53.6%	50.0%
Q7_2. Enough money to replace any worn out furniture	49.1%	56.2%	58.2%	64.9%	49.4%	68.4%	54.3%	63.8%	54.4%
Q7_3. Enough money to replace or repair broken electrical goods such as refrigerator or washing machine	34.0%	37.3%	45.2%	47.9%	34.2%	47.8%	42.2%	48.6%	40.6%
Q7_4. A small amount of money to spend each week on yourself, not on your family	37.7%	47.3%	41.1%	44.7%	38.8%	48.8%	48.0%	54.3%	42.5%
Q7_5. Two pairs of all-weather shoes	13.8%	17.2%	27.4%	21.3%	17.9%	18.7%	19.5%	26.8%	16.9%
Q7_6. Regular savings (of at least £20 a month) for rainy days	41.5%	53.3%	48.6%	51.1%	46.7%	58.9%	49.6%	54.3%	48.1%
Q7_7. Heating to keep the home adequately warm	7.5%	5.9%	14.4%	8.5%	8.5%	12.0%	11.7%	12.3%	9.4%

### English Region

Please tell us which activities you do – I would like to do this, but can't afford it at the moment	East Anglia	East Midlands	Greater London	North East	North West	South East	South West	West Midlands	Yorkshire & Humber
Q8_1. A hobby or leisure activity	32.7%	26.0%	37.0%	35.1%	24.2%	39.2%	29.7%	39.1%	21.3%
Q8_2. A holiday away from home for one week a year, not staying with relatives	41.5%	39.6%	49.3%	43.6%	33.9%	54.1%	48.8%	43.5%	30.0%
Q8_3. Have friends or family round for a meal or drink at least once a month	20.1%	24.9%	32.2%	20.2%	19.4%	31.1%	28.5%	31.2%	22.5%

## Analysis – Domestic Abuse

The final section of the questionnaire included questions from the Intimate Personal Violence and Partner Abuse self-completion module of the Crime Survey for England and Wales (CSEW) 2012/13.

The module covers the experience of emotional, financial and physical abuse by partners or family members, as well as sexual assaults and stalking by any person. In 2012/13 the module included a special focus on the nature of partner abuse.

As it was not possible to include this entire section in our online survey we have included the three main prevalence measures on partner abuse. We introduced this question very sensitively and carefully and gave every opportunity for people to skip over the questions if they wished to.

Encouragingly very few people did skip over these questions with the overwhelming majority of respondents providing clear answers.

### Comparisons with the Crime survey

The age-range of respondents for the module on the Crime Survey for England and Wales (CSEW) was 16-59 years old. The closest age break we can create from our survey is 20-64 years old. Because of this the comparison is between two slightly different age bands. The difference in response, however, will be negligible.

The CSEW does not cover Scotland and Northern Ireland. When comparing our data with CSEW we have extracted respondents from England and Wales to permit a more accurate assessment.

There are several categories of partner abuse.

### Non physical abuse

Non physical abuse includes a partner who has:

1. Prevented you from having your fair share of the household money
2. Stopped you from seeing friends and relatives
3. Repeatedly belittled you to the extent that you felt worthless

Over ten percent (12.2%) of the sample has experienced non physical abuse i.e. at least one of the three behaviours described above. This is four times the level recorded on the CSEW (3.0%).

Male respondents recorded a higher level of non physical abuse (15%), whereas in the CSEW the reverse was observed with more women reporting non physical abuse. It should be noted that our sample is over 90% female so the small sample of male respondents will generate data with an increased error.

### Threats

The definition of Threats includes a partner who has threatened to hurt you, to kill you, to use a weapon on you, or to hurt someone close to you

(such as your children).

Again, in our survey we recorded a higher level of threat 4.4% compared with 1.7% from the CSEW. The majority of the threats were reported by women in both surveys.

### Force

The definition of Force includes; if someone had pushed you, slapped you, hit, punched or kicked you, choked you or used a weapon against you.

This figure was also higher in our survey 3.1% compared to 1.6% in the CSEW sample. This was higher amongst men (5%) compared with women (3%). It should be noted that there were only 100 men who answered these questions so error on these statistics will be large.

### Threat or Force

Approximately 1 in 20 (5.4%) experienced threats or force within the past 12 months. This was twice the level on the CSEW.

### Injury

The definition of Injury includes if you have been injured (even if only slightly) in the last 12 months as a result of the force used on you by a partner or ex-partner? i.e. bruises, black eyes, cuts or scratches, or broken bones.

One in 50 respondents (2.2%) reported injury within the past 12 months, all of them women. A comparison with the CSEW is not available at this time.



**In the last 12 months (England and Wales only)**

	Survey 20-64 (England and Wales only)			CSEW (England and Wales) 2013/2014 (16-59)		
	Male (N=100)	Female (N=1546)	Total (N=1646)	Male	Female	Total
<b>Non-Physical abuse</b> Q16. Any of the following: - Prevented you from having your fair share of the household money - Stopped you from seeing friends and relatives - Repeatedly belittled you to the extent that you felt worthless	15.0%	12.0%	12.2%	1.8%	4.2%	3.0%
<b>Threats</b> Q17. And has a partner or ex-partner frightened or threatened you in any way in the last 12 months?	2.0%	4.6%	4.4%	0.60%	2.80%	1.7%
<b>Force</b> Q18. Has a partner or ex-partner used force on you in the last 12 months? For example, they may have pushed you, slapped you, hit, punched or kicked you, choked you or used a weapon against you.	5.0%	3.0%	3.1%	1.2%	2.0%	1.6%
<b>Threat or Force</b> ( i.e. Q17 or Q18)	5.0%	5.5%	5.4%	1.5%	3.6%	2.6%
<b>ALL combined</b> ( non physical or threats or force)	16.0%	13.9%	14.0%	2.8%	5.9%	4.4%
<b>Injury</b> Q19. And have you been injured (even if only slightly) in the last 12 months as a result of the force used on you by a partner or ex-partner?	1.0%	2.3%	2.2%			

\* There were only 100 men who answered these questions so error on these statistics will be large.

## Analysis by profession

Healthcare assistants recorded significantly higher level of all forms of domestic abuse.

Total UK sample	Nurse	Midwife	Healthcare Assistant	Total
<b>Non-Physical abuse</b> Q16. Any of the following: - Prevented you from having your fair share of the household money - Stopped you from seeing friends and relatives - Repeatedly belittled you to the extent that you felt worthless	10.7%	13.2%	15.2%	11.8%
<b>Threats</b> Q17. And has a partner or ex-partner frightened or threatened you in any way in the last 12 months?	3.8%	1.5%	5.0%	3.8%
<b>Force</b> Q18. Has a partner or ex-partner used force on you in the last 12 months? For example, they may have pushed you, slapped you, hit, punched or kicked you, choked you or used a weapon against you.	2.4%	2.0%	4.0%	2.7%
<b>Threat or Force</b> ( i.e. Q17 or Q18)	4.7%	2.0%	6.2%	4.7%
<b>ALL combined</b> ( non physical or threats or force)	12.3%	13.2%	17.4%	13.4%
<b>Injury</b> Q19. And have you been injured (even if only slightly) in the last 12 months as a result of the force used on you by a partner or ex-partner?	1.7%	1.5%	3.3%	2.0%

## Analysis by age

Higher levels of all forms of domestic abuse were reported by 30-39 years olds.

UK sample aged 20-64	Age					
	20-24	25-29	30-39	40-49	50-54	55-64
Base size	n=100	n=145	n=384	n=584	n=405	n=484
<b>Non-Physical abuse</b> Q16. Any of the following: - Prevented you from having your fair share of the household money - Stopped you from seeing friends and relatives - Repeatedly belittled you to the extent that you felt worthless	10.0%	11.8%	13.6%	12.4%	12.8%	9.4%
<b>Threats</b> Q17. And has a partner or ex-partner frightened or threatened you in any way in the last 12 months?	3.0%	5.5%	6.0%	3.6%	4.0%	1.9%
<b>Force</b> Q18. Has a partner or ex-partner used force on you in the last 12 months? For example, they may have pushed you, slapped you, hit, punched or kicked you, choked you or used a weapon against you.	2.0%	3.4%	3.9%	2.7%	2.0%	2.3%
<b>Threat or Force</b> ( i.e. Q17 or Q18)	4.0%	6.2%	7.3%	4.3%	4.7%	2.9%
<b>ALL combined</b> ( non physical or threats or force)	13.0%	13.9%	16.5%	13.8%	14.0%	9.8%
<b>Injury</b> Q19. And have you been injured (even if only slightly) in the last 12 months as a result of the force used on you by a partner or ex-partner?	2.0%	2.1%	2.6%	2.1%	1.7%	1.6%

## Analysis by Country

England and Scotland recorded higher levels of domestic partner abuse.

	Country			
	England	Northern Ireland	Scotland	Wales
<b>UK sample aged 20-24</b>				
Base size	1589	39*	118	69*
<b>Non-Physical abuse</b> Q16. Any of the following: - Prevented you from having your fair share of the household money - Stopped you from seeing friends and relatives - Repeatedly belittled you to the extent that you felt worthless	12.2%	10.5%	12.8%	11.8%
<b>Threats</b> Q17. And has a partner or ex-partner frightened or threatened you in any way in the last 12 months?	4.5%	2.6%	2.5%	2.9%
<b>Force</b> Q18. Has a partner or ex-partner used force on you in the last 12 months? For example, they may have pushed you, slapped you, hit, punched or kicked you, choked you or used a weapon against you.	3.1%	0.0%	2.5%	2.9%
<b>Threat or Force</b> ( i.e. Q17 or Q18)	5.5%	2.6%	4.2%	4.3%
<b>ALL combined</b> ( non physical or threats or force)	13.9%	10.8%	13.7%	16.2%
<b>Injury *</b> Q19. And have you been injured (even if only slightly) in the last 12 months as a result of the force used on you by a partner or ex-partner?	2.3%	0.0%*	2.5%	0.0%*

The sample sizes for Northern Ireland and Wales are small (<100) so percentage estimates should be treated with caution.

## English Region Analysis

The South East and Greater London recorded higher levels of domestic partner abuse.

Caution is advised when comparing regions. Although one region may report three times

the level of another (i.e. 7% compared to 2%) the difference of say 5% may equate to only 5 cases.



## English Region

	East Anglia	East Midlands	Greater London	North East	North West	South East	South West	West Midlands	Yorkshire & Humber
Base size	158	168	145	92	330	208	255	137	160
<b>Non-Physical abuse</b> Q16. Any of the following:	14.6%	11.0%	12.7%	12.9%	9.9%	13.6%	13.4%	11.4%	12.1%
<b>Threats</b> Q17. And has a partner or ex-partner frightened or threatened you in any way in the last 12 months?	3.9%	4.3%	5.6%	3.5%	4.1%	6.6%	4.5%	1.5%	5.3%
<b>Force</b> Q18. Has a partner or ex-partner used force on you in the last 12 months? For example, they may have pushed you, slapped you, hit, punched or kicked you, choked you or used a weapon against you.	3.9%	1.8%	5.6%	1.2%	2.8%	4.5%	3.2%	2.3%	2.0%
<b>Threat or Force</b> ( i.e. Q17 or Q18)	4.6%	4.9%	7.0%	3.5%	4.7%	8.6%	5.7%	3.8%	5.3%
<b>ALL combined</b> ( non physical or threats or force)	15.2%	12.9%	13.5%	14.1%	11.5%	17.7%	15.1%	13.0%	12.8%
<b>Injury</b> Q19. And have you been injured (even if only slightly) in the last 12 months as a result of the force used on you by a partner or ex-partner?	1.9%	1.2%	4.3%	1.2%	2.2%	4.0%	2.0%	1.5%	2.0%

## Analysis - Health

When asked “how is your health in general?” 61% said “very good” or “good”.

This was significantly lower than the general population figure of 74% recorded in 2013. Most of the difference was observed in the number saying their health was “very good”.

A third of the sample stated that their health was “fair” Looking at difference by profession, HCAs report the poorest health.

	Nurse	Midwife	Healthcare Assistant	Total	PSE 2013*
Very good	21.5%	19.9%	20.4%	21.1%	31%
Good	40.9%	37.0%	37.1%	39.8%	42%
Fair	31.3%	37.0%	34.0%	32.4%	20%
Bad	5.8%	5.2%	7.3%	6.1%	6%
Very bad	.5%	.9%	1.1%	.7%	2%

\*Source Living Standards in the UK; PSE UK summary report 2013.

## Age

The 25-29 year olds reported the best health (70%) and the 55-65 year olds the worst health (57%).

	Very good	Good	Fair	Bad	Very bad		Very good	Good	Fair	Bad	Very bad
20-24	25.0%	38.0%	28.0%	9.0%		50-54	20.7%	40.9%	33.5%	4.7%	.2%
25-29	19.3%	51.0%	26.2%	3.4%		55-64	19.8%	37.6%	33.5%	7.8%	1.4%
30-39	20.3%	42.9%	31.9%	4.2%	.8%	65-74	29.6%	31.0%	35.2%	2.8%	1.4%
40-49	20.9%	38.3%	33.7%	7.2%							

## Country and English Region Analysis

Wales reported the best health with 64% saying very good or good and Scotland reported the worst health with only 50% reporting very good or good.

	England	Northern Ireland	Scotland	Wales
Very good	20.3%	17.9%	20.0%	18.1%
Good	39.9%	41.0%	29.6%	45.8%
Fair	33.0%	30.8%	39.2%	27.8%
Bad	6.3%	10.3%	8.8%	6.9%
Very bad	.5%		2.4%	1.4%

Within England, Yorkshire and Humberside reported the best health (66%) and East Midlands reported the worst (57%).

English Region	Very good	Good	Fair	Bad	Very bad	English Region	Very good	Good	Fair	Bad	Very bad
East Anglia	22.6%	40.3%	34.0%	3.1%		South East	19.1%	39.7%	33.0%	7.2%	1.0%
East Midlands	18.3%	38.5%	36.7%	6.5%		South West	20.3%	37.1%	37.5%	3.9%	1.2%
Greater London	19.2%	40.4%	33.6%	6.8%		West Midlands	19.6%	38.4%	34.1%	7.2%	.7%
North East	20.2%	39.4%	31.9%	8.5%		Yorkshire & Humber	18.1%	47.5%	26.9%	5.6%	1.9%
North West	22.7%	39.7%	29.7%	7.9%							

## Analysis - Illness

Over two fifths of people (42.5%) said they have a physical or mental health condition or illnesses lasting or expected to last for 12 months or more. This was higher than the national average reported in the PSE study.

		Nurse	Midwife	Healthcare Assistant	Total	PSE 2012
Q14. Do you have any physical or mental health conditions or illnesses lasting or expected to last for 12 months or more?	Yes	43.5%	44.0%	38.6%	42.5%	34.0%
	No	53.7%	52.6%	59.0%	54.7%	66.0%
	Don't wish to answer	2.8%	3.3%	2.5%	2.8%	

## Age

As expected older groups were more likely to report illness.

		Age						
		20-24	25-29	30-39	40-49	50-54	55-64	65-74
Q14. Do you have any physical or mental health conditions or illnesses lasting or expected to last for 12 months or more?	Yes	31.0%	29.7%	36.1%	42.2%	46.1%	49.2%	53.5%
	No	67.0%	69.7%	61.0%	55.0%	51.7%	46.9%	42.3%
	Don't wish to answer	2.0%	.7%	2.9%	2.7%	2.2%	3.9%	4.2%

## Country

Respondents from Scotland were more likely to report illness and respondents from Wales least likely to report illness.

		England	Northern Ireland	Scotland	Wales
Q14. Do you have any physical or mental health conditions or illnesses lasting or expected to last for 12 months or more?	Yes	43.1%	46.2%	49.6%	41.7%
	No	54.5%	51.3%	47.2%	54.2%
	Don't wish to answer	2.3%	2.6%	3.2%	4.2%

## English Region

East Midland Respondents were more likely to report illness and respondents from East Anglia least likely to report illness.

### English Region

		East Anglia	East Midlands	Greater London	North East	North West	South East	South West	West Midlands	Yorkshire & Humber
Q14. Do you have any physical or mental health conditions or illnesses lasting or expected to last for 12 months or more?	Yes	32.7%	50.9%	44.5%	47.9%	39.4%	46.4%	42.2%	44.9%	44.4%
	No	64.8%	47.3%	54.8%	48.9%	57.6%	52.2%	55.1%	55.1%	50.6%
	Don't wish to answer	2.5%	1.8%	.7%	3.2%	3.0%	1.4%	2.7%	0.0%	5.0%

## Limiting Illness

Of the 42.5% who had a physical or mental health conditions, over two thirds (69 %) said that this limited their day to day activity a little or a lot. For the majority (54.6%) their condition limited their day to day activity “a little”.

		Nurse	Midwife	Healthcare Assistant	Total	PSE 2012
Q14a. Are your day-to day activities limited because of a health problem or disability which has lasted, or is expected to last, at least 12 months (include any health problems related to old age)?	Yes, limited a lot	12.5%	19.6%	18.6%	14.3%	30%
	Yes, limited a little	55.0%	45.7%	57.6%	54.6%	36%
	No	32.5%	34.8%	23.8%	31.1%	34%

This was highest in Scotland and lowest in Wales.

		England	Northern Ireland	Scotland	Wales
Q14a. Are your day-to day activities limited because of a health problem or disability which has lasted, or is expected to last, at least 12 months (include any health problems related to old age)?	Yes, limited a lot	13.5%	27.8%	19.4%	23.3%
	Yes, limited a little	55.3%	44.4%	58.1%	36.7%
	No	31.1%	27.8%	22.6%	40.0%

Looking at England, this was lowest in the East Midlands (64%) and highest in the North East (71.2%).

### English Region

		East Anglia	East Midlands	Greater London	North East	North West	South East	South West	West Midlands	Yorkshire & Humber
Q14a. Are your day-to day activities limited because of a health problem or disability which has lasted, or is expected to last, at least 12 months (include any health problems related to old age)?	Yes, limited a lot	7.7%	10.5%	13.8%	15.6%	15.4%	14.4%	11.1%	21.0%	12.7%
	Yes, limited a little	61.5%	53.5%	55.4%	55.6%	52.3%	53.6%	59.3%	53.2%	56.3%
	No	30.8%	36.0%	30.8%	28.9%	32.3%	32.0%	29.6%	25.8%	31.0%



## Analysis – Wellbeing

The well-being measures (with a scoring scale of zero to 10) were taken from the ONS Population Survey on Personal Well-being which was conducted between April 2013 and March 2014. Well-being scores can vary slightly by season, that is why measures are taken throughout the year and a yearly average calculated. Our results are for the period July and August only.

The mean scores on the four measures have been calculated and compared to the ONS data for each country.

### How satisfied are you with your life nowadays?

Overall the sample is marginally less satisfied with life compared with the general population of the UK but this is a small difference. Northern Ireland registered the lowest satisfaction score of 6.90.

### How happy did you feel yesterday?

Overall the sample is marginally less happy compared with the general population of the UK but, again, this is a small difference. Northern Ireland registered the lowest score of 6.62 with Scotland and Wales's fairing only marginally better with 6.86 and 6.90 respectively.

### How anxious did you feel yesterday?

Interestingly the sample showed a marked difference in anxiety levels compared with the general population with all countries registering higher levels of anxiety (4.93). Northern Ireland registered the highest level at 5.44.

### To what extent do you feel the things you do in your life are worthwhile?

Whilst anxiety was higher amongst this sample they scored highly in believing that the things they do in their lives are worthwhile, higher than the general population of the UK. However, the differences were small and Northern Ireland was the only country to register a lower score.

Country	How satisfied are you with your life nowadays?		How happy did you feel yesterday?		How anxious did you feel yesterday?		To what extent do you feel the things you do in your life are worthwhile?	
	Survey	ONS data	Survey	ONS data	Survey	ONS data	Survey	ONS data
England	7.45	7.49	7.43	7.37	4.92	2.94	8.14	7.73
Northern Ireland	6.90	7.74	6.62	7.65	5.44	2.88	7.31	8
Scotland	7.29	7.57	6.86	7.38	4.62	2.90	7.98	7.73
Wales	7.25	7.51	6.90	7.39	5.38	2.99	7.96	7.76
<b>Total</b>	<b>7.42</b>	<b>7.51</b>	<b>7.36</b>	<b>7.38</b>	<b>4.93</b>	<b>2.93</b>	<b>8.10</b>	<b>7.74</b>

Source: April 2013 to March 2014, Annual Population Survey Personal Well-being dataset, ONS

## Analysis - Employment

Four out of five were employed and the majority of these worked in the NHS. A quarter of HCAs worked for a private healthcare or social care provider.

	Nurse	Midwife	Healthcare Assistant	Total
Employed and working	82.4%	73.5%	73.8%	79.8%
Retired but still in paid employment	5.0%	5.2%	0.7%	4.2%
Employed but currently on sick leave	2.6%	2.4%	3.8%	2.8%
Self-employed	1.6%	1.4%	1.1%	1.5%
Employed but currently on maternity leave	.6%	1.9%	1.1%	.8%
Not currently working	1.1%	1.9%	2.2%	1.4%
Student	1.9%	7.6%	14.2%	4.9%
Fully retired	4.3%	6.2%	2.2%	4.1%
Unemployed	0.4%	0.0%	0.9%	0.5%

	Nurse	Midwife	Healthcare Assistant	Total
The NHS	79.8%	88.2%	72.9%	79.2%
A private healthcare or social care provider	15.8%	4.3%	23.8%	16.3%
I am unemployed	4.4%	7.6%	3.3%	4.5%
Total	100.0%	100.0%	100.0%	100.0%

## Analysis - The Royal College of Nursing (RCN) Membership Survey Questions

A survey by the RCN in 2015 included a number of attitude questions on deprivation. Some of the RCN questions were included on this survey.

### Struggled to pay bills and missed meals

A quarter (25%) agreed with the statement that “In the past 12 months I have struggled to pay gas and electricity bills because of financial difficulties”. Nearly two fifths of HCA’s in Cavell Nurses’ Trust survey (41.2%) struggled with bills.

Nearly a fifth (18.4%) agreed with the statement “In the past 12 months I have missed meals because of financial difficulties”.

Nearly a third of HCAs (29.8%) missed meals.

		Nurse	Midwife	Healthcare Assistant	Total	RCN 2015
In the past 12 months I have struggled to pay gas and electricity bills because of financial difficulties	Strongly agree	6.9%	9.1%	18.6%	9.5%	30.1%
	Agree	13.6%	14.4%	22.6%	15.5%	
	Neither agree nor disagree	19.0%	9.6%	22.2%	18.8%	
	Disagree	38.5%	41.1%	24.7%	36.0%	
	Strongly disagree	21.8%	25.8%	11.9%	20.2%	
In the past 12 months I have missed meals because of financial difficulties	Strongly agree	4.8%	7.2%	10.8%	6.2%	13.5%
	Agree	10.6%	10.0%	19.1%	12.2%	
	Neither agree nor disagree	7.8%	5.3%	13.7%	8.7%	
	Disagree	42.2%	40.2%	35.9%	40.7%	
	Strongly disagree	34.6%	37.3%	20.6%	32.1%	

## Age Analysis

Respondents aged 40-49 were most likely to say they struggled to pay their energy bill whereas younger 20-24 year olds were more likely to say they missed meals because of financial difficulties.

		20-24	25-29	30-39	40-49	50-54	55-64	65-74
Q_12. In the past 12 months I have struggled to pay gas and electricity bills because of financial difficulties	Strongly agree	11.0%	8.3%	13.2%	9.4%	11.3%	6.3%	4.2%
	Agree	14.0%	17.2%	14.3%	20.5%	15.0%	11.6%	11.3%
	TOTAL AGREE	25.0%	25.5%	27.5%	29.9%	26.3%	17.9%	15.5%
	Neither agree nor disagree	31.0%	16.6%	15.1%	17.3%	18.5%	21.4%	25.4%
	Disagree	27.0%	38.6%	40.3%	35.0%	34.5%	35.9%	33.8%
	Strongly disagree	17.0%	19.3%	17.1%	17.8%	20.7%	24.7%	25.4%
Q_12. In the past 12 months I have missed meals because of financial difficulties	Strongly agree	8.0%	9.0%	9.1%	6.8%	6.9%	2.7%	2.8%
	Agree	19.0%	16.6%	13.8%	14.4%	12.3%	7.1%	1.4%
	TOTAL AGREE	27.0%	25.6%	22.9%	21.2%	19.2%	9.8%	4.2%
	Neither agree nor disagree	11.0%	10.3%	6.5%	9.9%	8.1%	8.8%	5.6%
	Disagree	38.0%	35.2%	43.6%	39.7%	37.2%	43.7%	52.1%
	Strongly disagree	24.0%	29.0%	27.0%	29.2%	35.5%	37.8%	38.0%

## Country Analysis

Northern Ireland respondents were more likely to say they struggled to pay energy bills and respondents from Wales were more likely to say they missed meals because of financial difficulties.

		Country			
		England	Northern Ireland	Scotland	Wales
Q_12. In the past 12 months I have struggled to pay gas and electricity bills because of financial difficulties	Strongly agree	10.5%	15.4%	5.6%	12.5%
	Agree	15.6%	30.8%	19.2%	16.7%
	TOTAL AGREE	26.10%	46.20%	24.80%	29.20%
	Neither agree nor disagree	18.5%	20.5%	16.8%	18.1%
	Disagree	35.6%	20.5%	40.8%	34.7%
Q_12. In the past 12 months I have missed meals because of financial difficulties		19.7%	12.8%	17.6%	18.1%
	Strongly disagree	6.9%	5.1%	4.0%	8.3%
	Strongly agree	12.9%	12.8%	12.0%	15.3%
	Agree	19.80%	17.90%	16.00%	23.60%
	TOTAL AGREE	8.6%	2.6%	8.0%	11.1%
	Neither agree nor disagree	39.9%	48.7%	48.0%	40.3%
	Disagree	31.7%	30.8%	28.0%	25.0%
	Strongly disagree	31.7%	30.8%	28.0%	25.0%



## English Region Analysis

East Anglia respondents were least likely to report difficulties paying energy bills whereas respondents from the West Midlands were most likely to have problems paying bills because of financial difficulties.

A greater proportion of Greater London respondents missed meals because of financial difficulties.

		English Region								
		East Anglia	East Midlands	Greater London	North East	North West	South East	South West	West Midlands	Yorkshire & Humber
In the past 12 months I have struggled to pay gas and electricity bills because of financial difficulties	Strongly agree	8.8%	7.7%	15.1%	8.5%	9.7%	10.5%	11.7%	14.5%	8.1%
	Agree	11.3%	16.6%	17.1%	13.8%	12.4%	19.6%	15.6%	19.6%	16.3%
	<b>TOTAL AGREE</b>	<b>20.1%</b>	24.3%	32.2%	22.3%	22.1%	30.1%	27.3%	<b>34.1%</b>	24.4%
	Neither agree nor disagree	13.2%	21.3%	18.5%	25.5%	14.2%	21.5%	18.8%	21.0%	19.4%
	Disagree	42.1%	30.8%	32.2%	34.0%	39.7%	34.0%	34.0%	29.7%	40.0%
	Strongly disagree	24.5%	23.7%	17.1%	18.1%	23.9%	14.4%	19.9%	15.2%	16.3%
In the past 12 months I have missed meals because of financial difficulties	Strongly agree	6.9%	8.3%	11.6%	6.4%	7.0%	6.2%	4.7%	8.0%	5.0%
	Agree	8.8%	9.5%	14.4%	12.8%	9.4%	19.6%	12.9%	16.7%	14.4%
	<b>TOTAL AGREE</b>	<b>15.7%</b>	17.8%	<b>26.0%</b>	19.2%	16.4%	25.8%	17.6%	24.7%	19.4%
	Neither agree nor disagree	8.2%	9.5%	8.2%	7.4%	7.3%	12.0%	8.6%	9.4%	6.9%
	Disagree	37.7%	34.3%	37.7%	43.6%	40.3%	39.7%	39.1%	42.0%	46.3%
	Strongly disagree	38.4%	38.5%	28.1%	29.8%	36.1%	22.5%	34.8%	23.9%	27.5%

## Sources of Income and making ends meet.

Four out of five people (83.8%) received no benefits. This was slightly lower for HCAs (74.7%).

	Nurse	Midwife	Healthcare Assistant	Total
Child Tax Credit	8.7%	8.1%	16.4%	10.2%
Council Tax Support	1.8%	3.3%	5.1%	2.6%
Disability Living Allowance (DLA) or Personal Independence Payment (PIP)	2.7%	5.2%	4.0%	3.2%
Housing Benefit	1.2%	3.3%	6.9%	2.5%
Income Support	.4%	.5%	1.1%	.5%
Universal Credit	.3%	.5%	.2%	.3%
Working Tax Credit	3.0%	4.3%	12.4%	5.0%
None of these	86.4%	82.9%	74.7%	83.8%

## Age Analysis

	Age						
	20-24	25-29	30-39	40-49	50-54	55-64	65-74
Child Tax Credit	5.0%	12.4%	21.8%	15.0%	5.7%	1.6%	0.0%
Council Tax Support	1.0%	1.4%	3.6%	2.7%	1.7%	2.7%	7.0%
Disability Living Allowance (DLA) or Personal Independence Payment (PIP)	0.0%	0.0%	2.6%	2.7%	3.4%	5.1%	7.0%
Housing Benefit	3.0%	4.8%	4.4%	1.9%	1.5%	1.6%	7.0%
Income Support	2.0%	0.0%	.5%	.5%	.2%	.4%	2.8%
Universal Credit	0.0%	.7%	.5%	.3%	0.0%	.2%	0.0%
Working Tax Credit	3.0%	6.9%	8.1%	7.0%	3.4%	2.2%	0.0%
None of these	93.0%	85.5%	74.3%	80.3%	89.9%	90.0%	83.1%

## Country Analysis

Northern Ireland respondents were the most likely to be in receipt of some benefits as were respondents from Greater London.

	Country			
	England	Northern Ireland	Scotland	Wales
Child Tax Credit	10.5%	20.5%	10.4%	12.5%
Council Tax Support	2.4%	0.0%	6.4%	2.8%
Disability Living Allowance (DLA) or Personal Independence Payment (PIP)	2.8%	10.3%	6.4%	6.9%
Housing Benefit	3.0%	5.1%	2.4%	1.4%
Income Support	.4%	2.6%	1.6%	2.8%
Universal Credit	.2%	2.6%	1.6%	0.0%
Working Tax Credit	5.1%	20.5%	4.0%	2.8%
None of these	84.7%	61.5%	80.8%	81.9%

## English Region Analysis

	English Region								
	East Anglia	East Midlands	Greater London	North East	North West	South East	South West	West Midlands	Yorkshire & Humber
Child Tax Credit	6.9%	10.1%	15.1%	7.4%	10.6%	10.0%	13.3%	9.4%	8.8%
Council Tax Support	1.3%	3.6%	.7%	4.3%	3.0%	1.0%	3.5%	2.2%	1.9%
Disability Living Allowance (DLA) or Personal Independence Payment (PIP)	1.3%	3.6%	1.4%	1.1%	3.3%	3.8%	2.0%	3.6%	3.8%
Housing Benefit	.6%	3.6%	4.8%	3.2%	3.6%	3.3%	2.7%	2.2%	2.5%
Income Support	0.0%	.6%	.7%	1.1%	.3%	0.0%	0.0%	0.0%	1.3%
Universal Credit	0.0%	0.0%	.7%	0.0%	0.0%	0.0%	.4%	.7%	0.0%
Working Tax Credit	3.8%	6.5%	3.4%	6.4%	5.2%	7.2%	4.3%	4.3%	4.4%
None of these	89.9%	85.2%	80.8%	89.4%	83.9%	83.7%	83.2%	84.8%	85.0%

## What proportion of the total household income (including benefits) do their earnings represent?

For a third of people their earnings accounted for their total household income. This was highest for the 50-54 age group and slightly higher for people living in Scotland.

		Nurse	Midwife	Healthcare Assistant	Total	RCN 2015
Q_10. Approximately what proportion of your TOTAL household income do your earnings represent?	Less than half	16.8%	20.5%	20.4%	17.8%	19.9%
	About half	17.3%	11.9%	15.0%	16.3%	22.1%
	More than half	28.1%	28.6%	22.9%	27.1%	30.4%
	All of it	33.2%	36.7%	29.4%	32.7%	27.7%
	I don't know	4.7%	2.4%	12.3%	6.0%	

## Age Analysis

		Age						
		20-24	25-29	30-39	40-49	50-54	55-64	65-74
Q_10. Approximately what proportion of your TOTAL household income do your earnings represent?	Less than half	22.0%	18.6%	20.0%	17.9%	12.6%	16.7%	29.6%
	About half	13.0%	24.8%	20.8%	13.8%	16.7%	12.7%	23.9%
	More than half	17.0%	21.4%	25.5%	29.4%	29.3%	30.2%	12.7%
	All of it	33.0%	29.7%	28.8%	33.8%	36.9%	33.9%	23.9%
	I don't know	15.0%	5.5%	4.9%	5.0%	4.4%	6.5%	9.9%

## Country Analysis

		Country			
		England	Northern Ireland	Scotland	Wales
Q_10. Approximately what proportion of your TOTAL household income do your earnings represent?	Less than half	17.9%	10.3%	12.8%	19.4%
	About half	16.1%	7.7%	16.8%	25.0%
	More than half	26.4%	38.5%	29.6%	26.4%
	All of it	34.1%	33.3%	35.2%	26.4%
	I don't know	5.4%	10.3%	5.6%	2.8%

## English Region Analysis

In Greater London 42.5% said their earning represented all of their household income. Only 27.5% of respondents from Yorkshire and Humberside said their earnings represented all of their household income.

		English Region								
		East Anglia	East Midlands	Greater London	North East	North West	South East	South West	West Midlands	Yorkshire & Humber
Q_10. Approximately what proportion of your TOTAL household income do your earnings represent?	Less than half	19.5%	14.8%	15.1%	12.8%	15.2%	19.1%	26.6%	18.1%	15.6%
	About half	15.1%	20.1%	11.0%	11.7%	13.0%	12.9%	16.8%	21.0%	25.6%
	More than half	28.3%	29.6%	23.3%	27.7%	30.9%	28.7%	19.9%	22.5%	25.0%
	All of it	33.3%	33.1%	42.5%	38.3%	35.5%	33.0%	32.8%	33.3%	27.5%
	I don't know	3.8%	2.4%	8.2%	9.6%	5.5%	6.2%	3.9%	5.1%	6.3%

### Taking on extra work or borrowing money

When asked what they have done to help with bills and everyday living, two fifths (42.5 %) worked extra hours and nearly a fifth (16.3%) took on an additional job. A third of people had to borrow money.

On all these indicators and many others it is clear that HCAs are finding it harder to make ends meet.

	Nurse	Midwife	Healthcare Assistant	Total	RCN 2015
Worked extra hours in my main job	40.8%	37.3%	50.7%	42.5%	53.1%
Worked nights or weekends in my main job	27.6%	31.1%	33.9%	29.2%	32.0%
Borrowed money	30.2%	35.4%	43.5%	33.3%	31.4%
Taken on an additional job	15.9%	10.0%	20.4%	16.3%	21.9%
None of the above	34.9%	36.4%	20.4%	32.2%	

## Age Analysis

The 25-39 age groups are the most likely to have to take on extra work or borrow money to help pay bills and everyday living expenses.

	Age						
	20-24	25-29	30-39	40-49	50-54	55-64	65-74
Worked extra hours in my main job	54.0%	57.2%	52.7%	45.8%	40.6%	29.0%	19.7%
Worked nights or weekends in my main job	53.0%	59.3%	42.6%	26.5%	20.9%	19.4%	5.6%
Borrowed money	43.0%	46.9%	48.8%	39.5%	29.1%	17.1%	4.2%
Taken on an additional job	31.0%	18.6%	24.9%	15.0%	14.8%	10.2%	5.6%
None of the above	15.0%	11.7%	15.6%	29.6%	35.2%	48.2%	70.4%

## Country Analysis

Northern Ireland respondents and people from the South East were most likely to have to take on extra work or borrow money to help pay bills and everyday living expenses.

	Country			
	England	Northern Ireland	Scotland	Wales
Worked extra hours in my main job	43.6%	51.3%	37.6%	44.4%
Worked nights or weekends in my main job	30.6%	30.8%	28.0%	27.8%
Borrowed money	35.1%	33.3%	36.0%	36.1%
Taken on an additional job	16.7%	15.4%	17.6%	20.8%
None of the above	30.9%	12.8%	28.8%	30.6%



## English Region Analysis

	English Region								
	East Anglia	East Midlands	Greater London	North East	North West	South East	South West	West Midlands	Yorkshire & Humber
Worked extra hours in my main job	42.8%	43.8%	45.9%	42.6%	40.3%	44.5%	48.4%	47.8%	37.5%
Worked nights or weekends in my main job	32.1%	26.0%	34.2%	29.8%	28.8%	32.1%	32.4%	34.1%	27.5%
Borrowed money	28.9%	33.1%	39.0%	36.2%	33.3%	41.6%	35.9%	37.7%	30.6%
Taken on an additional job	14.5%	16.6%	17.8%	18.1%	14.5%	18.2%	16.8%	20.3%	16.9%
None of the above	41.5%	30.2%	30.1%	27.7%	36.1%	21.1%	27.3%	26.8%	35.6%

### Worse off or better off?

Compared to five years ago over half (51.6%) felt worse off.

	Nurse	Midwife	Healthcare Assistant	Total	RCN 2015
Worse off	50.9%	54.5%	52.9%	51.6%	50.5%
Better off	21.8%	22.0%	19.4%	21.3%	15.4%
The same	27.4%	23.4%	27.7%	27.1%	34.1%

### Age Analysis

Younger people are more likely to feel better off and older people worse off

	Age						
	20-24	25-29	30-39	40-49	50-54	55-64	65-74
Worse off	31.0%	38.6%	53.0%	55.0%	54.2%	53.3%	54.9%
Better off	51.0%	38.6%	20.5%	19.5%	17.7%	16.3%	11.3%
The same	18.0%	22.8%	26.5%	25.5%	28.1%	30.4%	33.8%

### Country analysis

Northern Ireland respondents and people from the South East were more likely to feel worse off.

	Country			
	England	Northern Ireland	Scotland	Wales
Worse off	52.4%	59.0%	50.4%	50.0%
Better off	21.0%	17.9%	22.4%	19.4%
The same	26.7%	23.1%	27.2%	30.6%

## English Region Analysis

	English Region								
	East Anglia	East Midlands	Greater London	North East	North West	South East	South West	West Midlands	Yorkshire & Humber
Worse off	47.8%	52.1%	48.6%	56.4%	48.8%	59.8%	49.6%	55.1%	58.1%
Better off	19.5%	19.5%	28.8%	18.1%	25.2%	18.2%	22.3%	16.7%	15.0%
The same	32.7%	28.4%	22.6%	25.5%	26.1%	22.0%	28.1%	28.3%	26.9%

## Methodology

### The sampling method

An online survey was distributed via the following routes;

**The database survey** – A purchased data base of respondents (nurses, midwives and healthcare assistants) were sent invitation to complete the survey (total =249)

**The open survey** – A targeted social media advertisement invited nurses, midwives sand healthcare assistants to complete the survey (total =2005)

### Advertising

Cavell Nurses' Trust reached 259,054 people with advertising in a twelve-day period, up to 9th August 2016. Over 10,000 people engaged with this advertising.

### Survey dates

The survey was open for responses from 18th July to 25th August 2016. Respondents were offered entry into a prize draw with four prizes of £250 worth of high street vouchers.

### Cleaning the data

As the sample was generated from two different sources it was possible for some respondents to complete both surveys i.e. the database survey and the open survey. To correct this the dataset was rigorously checked case by case and cleaned of any duplicates cases. There were no duplicate cases recorded between the data base sample and the open survey. On the open survey there were a small number of duplicate cases (less than 100) where some respondents tried several times to complete the survey but for a number of reasons could not finish it. The most detailed response was kept and the other responses deleted. Respondents who did not complete the questionnaire past question 7 were removed from the analysis.

### The questionnaire

The questionnaire took less than 10 minutes to complete and included questions on health and wellbeing, financial hardship and domestic abuse. Where possible all questions were drawn from existing UK and national surveys to enable a comparison with contemporary UK data. In addition, a few questions were drawn from the RCN membership survey 2015 and the data compared.

### Analysis

This report is an analysis of the dataset looking at response by key demographic variables:

- Gender
- Age
- Region/Country
- Profession

Not every question has been analysed by every demographic variable as this would result in a cluttered report. We have focused on specific analysis where comparisons will be useful.

## Comparing the data with other national surveys

Many of the questions were drawn from existing studies of health, deprivation and domestic abuse. Where possible we have included a UK comparison or an England and Wales comparison. To make valid comparisons the age bands have been adjusted. When reading the tables, the columns highlighted in blue include data from other surveys.

## The sample size

2254 respondents stated at Q1 that they were or had been a nurse, midwife or healthcare assistant and these were included in the sample. Of these 125 had partially completed the survey. Checking through each case the majority had completed over 80% of the survey and had, for a variety of reasons, including routing problems with the early version of the questionnaire, been unable to complete the final questions. These respondents were included in the sample as their answers were still valid but were registered as “missing data” for the questions that were not completed.

Very few people who had started the questionnaire did not finish it. This may be partly explained by a number of factors;

- The appeal for response was from a charity

- It is an interesting questionnaire i.e. not trying to ask them laborious questions about product design or financial services which tend to be typical of online questionnaires
- The questionnaire took less than 10 minutes to complete and kept the respondents engaged until the end
- The prize draw may have helped secure participation

## How reliable is this data?

Online samples have many inherent biases. Even within this sample there are two types of online survey; the database sample generated by a cold email invitation and the open survey sample generated by a social media advertisement invitation.

Both samples are non-random and under represent people who do not regularly use email or social media. However, by comparing the gender, age and region profiles with the NMC register we can make a judgement on the representativeness of the sample.

The sample is a good match to the NMC profile which means it represents the range of ages and geographical regions within the UK and there are reasonable sample sizes for subgroup analysis.

However, the sample is not a random sample and any estimates of the prevalence of particular attitudes or reported behaviours should be done so carefully.

Making comparisons with general population surveys is an attempt to gauge the difference between the UK nurses' response and the general population and provide some assessment of the order of these differences.

To our knowledge there is no other publicly available survey of UK nurses, midwives and healthcare assistants which looks at health and wellbeing, financial hardship and domestic abuse. Currently this survey, with all its methodological limitations, provides the best available estimates on these measures.

## The Sample

### The profession

The sample included 70.7% of Nurses, 9.4% of midwives and 20% of Healthcare assistants.

To our knowledge the only other source of data on HCAs can be found in the RCN 2015 survey and this included only 152 HCAs. Our survey included 450 HCAs which is more than sufficient to perform subgroup analysis on this data.

	Number	Percent	NMC	Total
Male	129	5.9	11%	79.2%
Female	2067	94.0	89%	16.3%
Unspecified	3	0.1		4.5%
<b>Total</b>	<b>2199</b>	<b>100.0</b>		<b>100.0%</b>
Missing data	55			
<b>Total</b>	<b>2254</b>			

Missing data 55.

There were six 16-19 year olds in the sample and eight people aged 75 and over. As these subgroups were too small for meaningful analysis they were excluded for any age analysis in this report.

The age categories for analysis of key questions were as follows;

	Nurse		Midwife		Healthcare Assistant		Total	
Age	Number	Percent	Number	Percent	Number	Percent	Number	Percent
20-24	45	2.9%	15	7.2%	40	9.2%	100	4.6%
25-29	96	6.2%	16	7.7%	33	7.6%	145	6.6%
30-39	261	16.9%	42	20.3%	82	18.9%	385	17.6%
40-49	419	27.2%	56	27.1%	110	25.3%	585	26.8%
50-54	289	18.8%	37	17.9%	80	18.4%	406	18.6%
55-64	378	24.5%	33	15.9%	79	18.2%	490	22.5%
65-74	52	3.4%	8	3.9%	11	2.5%	71	3.3%
Total	1540	100.0%	207	100.0%	435	100.0%	2182	100.0%

Age: missing data =72

## Age

The age profile of the sample was as follows;

Age	Number	Percent	NMC	Total
16-17	0.1%	0.0%	0.0%	0.0%
18-19	0.1%	0.0%	0.9%	0.2%
20-24	2.9%	7.2%	9.1%	4.6%
25-29	6.2%	7.7%	7.5%	6.6%
30-39	16.9%	20.2%	18.6%	17.5%
40-49	27.1%	26.9%	24.9%	26.6%
50-54	18.7%	17.8%	18.1%	18.5%
55-64	24.4%	15.9%	17.9%	22.3%
65-74	3.4%	3.8%	2.5%	3.2%
75+	0.3%	0.5%	0.5%	0.4%
Total	100.0%	100.0%	100.0%	100.0%

Age missing data = 58.

### How representative is the sample of the age profile of Nurses

Looking at age, the sample was reasonably representative of the age profile of the NMC register with minor differences in each age category.

Age	Nurse	Midwife	Healthcare Assistant
20-24	3.7%	4.6%	0.90%
25-29	9.7%	6.6%	-3.10%
30-39	21.0%	17.6%	-3.40%
40-49	28.5%	26.8%	-1.70%
50-54	16.7%	18.6%	1.90%
55+	20.5%	25.8%	5.30%

### Country and Region

To determine the region and country of residence, postcode data provided by each respondent was converted to the appropriate standard region. After checking each case, 357 respondents did not provide any postcode information or provide sufficient data to convert to standard region.

The country and regional profiles between the NMC register and the sample were very similar. The sample over represented England and underrepresented Scotland, Wales and Northern Ireland. Within England the sample had a greater proportion from the North West, East Midlands and the South West and a smaller proportion from Greater London.

Country	Nurse	Midwife	Healthcare Assistant
England	1661	87.6	82%
Northern Ireland	39	2.1	3.5%
Scotland	125	6.6	9.5%
Wales	72	3.8	5%
Total	1897	100.0	100%
Missing data	357		
<b>Total</b>	<b>2254</b>		

	Nurse		Midwife		Healthcare Assistant		Total		NMC
	Number	Percent	Number	Percent	Number	Percent	Number	Percent	
East Anglia	121	9.2%	8	4.5%	30	7.5%	159	8.4%	8%
East Midlands	116	8.8%	14	7.8%	39	9.8%	169	8.9%	5.5%
Greater London	96	7.3%	20	11.2%	30	7.5%	146	7.7%	14%
North East	60	4.5%	8	4.5%	26	6.5%	94	5.0%	5.5%
North West	237	18.0%	35	19.6%	58	14.6%	330	17.4%	12%
Northern Ireland	23	1.7%	7	3.9%	9	2.3%	39	2.1%	3.5%
Scotland	94	7.1%	11	6.1%	20	5.0%	125	6.6%	9.5%
South East	143	10.8%	22	12.3%	44	11.1%	209	11.0%	11.5%
South West	175	13.3%	23	12.8%	58	14.6%	256	13.5%	8.5%
Wales	51	3.9%	5	2.8%	16	4.0%	72	3.8%	5%
West Midlands	88	6.7%	14	7.8%	36	9.0%	138	7.3%	8.5%
Yorkshire & Humber	116	8.8%	12	6.7%	32	8.0%	160	8.4%	8.5%
<b>Total</b>	<b>1320</b>	<b>100.0%</b>	<b>179</b>	<b>100.0%</b>	<b>398</b>	<b>100.0%</b>	<b>1897</b>	<b>100.0%</b>	<b>100%</b>

Missing Data =357

### Weighting data

Given the similar profiles on age and region the data has not been weighted to the NMC age and region profile. There is a difference by gender but as the overwhelming majority of nurses, midwives and HCAs are women it was not necessary to weight by this variable.

### Calculating totals

When analysing the data by profession, age or region the total columns for each analysis will be slightly different. These differences will be negligible but noticeable and are due to the

different numbers of missing cases for each variable. There are no missing data for the “professional” variable as respondents who were not a nurse, midwife or healthcare assistant have been removed from the data set leaving a sample of 2254 useable cases. Within this sample, however, there are 357 cases which have no regional variable and there are 72 cases which have no age variable. To make the most efficient use of the dataset when comparing data with responses with other surveys the total sample of 2254 will be used for comparisons.

### Other demographics

Two thirds of the sample (66%) were married, cohabiting or in a civil partnership. Almost two thirds (63%) are living with a partner and one in nine (11.8%) live alone.



	Number	Percent	NMC
Married and living with husband/wife	1146	52.7	0.90%
Cohabiting and living with my partner	289	13.3	-3.10%
A civil partner in a legally-recognised civil partnership	15	.7	-3.40%
Married and separated from husband/wife	74	3.4	-1.70%
Single	347	16.0	1.90%
Divorced	201	9.2	5.30%
Widowed	52	2.4	
None of the above	49	2.3	
<b>Total</b>	<b>2173</b>	<b>100.0</b>	
Missing data	81		
<b>Total</b>	<b>2254</b>		

I live alone	11.8%
I live with my partner	63%
I live with my children	41.2%
I live with my parent(s)	3.1%
I live with other members of my family	4.5%
I live with my friends	1.6%
I live with other tenants	2.0%

\* Multiple response questions

## Job description

When asked to pick from a list of job titles, nearly a quarter of respondents described themselves as a staff nurse and 15% described themselves as a healthcare assistant.

	Number	Percent
Staff nurse	515	22.8
Healthcare assistant	337	15.0
Sister/charge nurse/ward manager	235	10.4
Clinical nurse specialist	142	6.3
Community nurse	136	6.0
Midwife	136	6.0
Senior nurse/matron/nurse manager	134	5.9
Health visitor/SCPHN	75	3.3
Nurse practitioner	60	2.7
Nursing auxiliary	51	2.3
Practice nurse	49	2.2
Manager/director	49	2.2
Educator	48	2.1
School nurse	34	1.5
Community psychiatric nurse	32	1.4
Occupational health nurse	24	1.1
Assistant practitioner	24	1.1
Non-nursing job/work	23	1.0
Nurse researcher/lecturer/tutor	21	.9
District nurse	20	.9
Consultant nurse	17	.8
Commissioning/policy	12	.5
Call centre/handler	10	.4
Quality assurance/risk	8	.4
Public health practitioner	5	.2
None of the above	57	2.5
<b>Total</b>	<b>2254</b>	<b>100.0</b>

## The Survey

**Q1.** Are you, or have you ever been one of the following? Please tick one box. If you could tick more than one box, please choose the profession you identify with most.

☐ Nurse      ☐ Midwife      ☐ Healthcare Assistant

☐ None of the above. [If yes to this item then the respondent is filtered to the end of the end of the survey and are given the option of entering the prize draw]

**Q2:** Which of the following best describes your current role? Please tick only one box.

☐ Staff nurse      ☐ Sister/charge nurse/ward manager

☐ Clinical nurse specialist      ☐ Practice nurse

☐ Senior nurse/matron/nurse manager      ☐ Nurse practitioner

☐ Community nurse      ☐ Healthcare assistant

☐ Nursing auxiliary      ☐ Manager/director

☐ Educator      ☐ District nurse      ☐ Health visitor/SCPHN

☐ Community psychiatric nurse      ☐ Non-nursing job/work

☐ Nurse Researcher/lecturer/tutor      ☐ Quality assurance/risk

☐ Occupational health nurse      ☐ Commissioning/policy

☐ School nurse      ☐ Consultant nurse

☐ Assistant practitioner      ☐ Public health practitioner

☐ Call centre/handler      ☐ Midwife      ☐ None of the above

**Q3.** Are you registered with the Nursing and Midwifery Council (the NMC)?

☐ Yes      ☐ No      ☐ Don't Know

**Q4.** Which category best describes your current situation. Please tick one box only

☐ Employed and working      ☐ Retired but still in paid employment

☐ Employed but currently on sick leave      ☐ Self employed

☐ Employed but currently on maternity leave      ☐ Student

☐ Not currently working      ☐ Fully retired      ☐ Unemployed

**Q5.** Do you work in ...

☐ The NHS      ☐ Private healthcare or social care

☐ I am unemployed

**Q6.** On a scale of 0 to 10: with 0 = not at all and 10 = completely

☐ How satisfied are you with your life nowadays?

☐ How happy did you feel yesterday?

☐ How anxious did you feel yesterday?

☐ To what extent do you feel the things you do in your life are worthwhile?

**Q6a** How is your health in general?

<input type="checkbox"/> Very good	<input type="checkbox"/> Good	<input type="checkbox"/> Fair
<input type="checkbox"/> Bad	<input type="checkbox"/> Very bad	

**Q7.** Now we would like to ask you some questions relating to your standard of living. Please tell us which items you do or do not have by ticking one of the boxes for each.

	I have this	I would like to have this, but can't afford it at the moment	I do not want or need this at the moment	I don't know/can't answer this
Enough money to keep your home in a decent state of decoration	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Enough money to replace any worn out furniture	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Enough money to replace or repair broken electrical goods such as refrigerator or washing machine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A Small amount of money to spend each week on yourself, not on your family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Two pairs of all-weather shoes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Regular savings (of at least £20 a month) for rainy days	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heating to keep the home adequately warm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Q8.** Now we would like to ask you the same thing about certain social activities. Please tell us which activities you do by ticking one of the boxes for each.

	I have this	I would like to have this, but can't afford it at the moment	I do not want or need this at the moment	I don't know/can't answer this
A hobby or leisure activity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A holiday away from home for one week a year, not staying with relatives	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have friends or family round for a meal or drink at least once a month	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Q9** Do you currently receive any of these benefits? Please tick all that apply

<input type="checkbox"/> Child Tax Credit	<input type="checkbox"/> Working Tax Credit
<input type="checkbox"/> Council Tax Support	<input type="checkbox"/> Housing Benefit
<input type="checkbox"/> Income Support	<input type="checkbox"/> Universal credit
<input type="checkbox"/> Disability Living Allowance (DLA) or Personal Independence Payments (PIP)	
<input type="checkbox"/> None of these	

**Q10.** Approximately what proportion of your TOTAL household income do your earnings represent?

(Your earnings include the money you get for paid work and the money you receive from benefits payments)

- ☐ Less than half      ☐ About half  
☐ More than half      ☐ All of it

**Q11.** Compared to five years ago, do you feel financially...?

- ☐ Worse off      ☐ Better off      ☐ The same?

**Q12.** Can you tell us how much you agree or disagree with the following statements?

a) In the past 12 months I have struggled to pay gas and electricity bills because of financial difficulties

b) In the past 12 months I have missed meals because of financial difficulties

- ☐ Strongly agree      ☐ Agree  
☐ Neither agree nor disagree  
☐ Disagree      ☐ Strongly disagree

**Q13.** Within the past 12 months which of the following have you done to help with bills and everyday living expenses? Tick all that apply.

- ☐ Worked extra hours in my main job  
☐ Worked nights or weekends in my main job  
☐ Borrowed money  
☐ Taken on an additional job

**Q14.** Do you have any physical or mental health conditions or illnesses lasting or expected to last for 12 months or more?

- ☐ Yes      ☐ No      ☐ Don't wish to answer

**Q14a.** Are your day-to day activities limited because of a health problem or disability which has lasted, or is expected to last, at least 12 months (include any health problems related to old age)?

- ☐ Yes limited a lot      ☐ Yes Limited a little      ☐ No

If yes, go to Q14

**Q15.** Do you have any health conditions or illnesses which affect you in any of the following areas? Tick all that apply

- ☐ Vision (for example blindness or partial sight)  
☐ Hearing (for example deafness or partial hearing)  
☐ Mobility (for example walking short distances or climbing stairs)

- ☐ Dexterity (for example lifting and carrying objects, using a keyboard)
- ☐ Learning or understanding or concentrating
- ☐ Memory
- ☐ Mental health
- ☐ Stamina or breathing or fatigue
- ☐ Socially or behaviourally (for example associated with autism, attention deficit disorder or Asperger's syndrome)
- ☐ None of the above
- ☐ I would prefer not to answer this question

The final few questions may seem very personal but it is very important that we ask them to understand the problems people face in their lives.

Please remember that all your answers are strictly confidential and your information will be grouped with others in a way that does not identify individuals.

If the questions upset you in any way you can skip over them if you wish. However, we hope you will continue to the end.

**Q16.** Has a partner or ex-partner done any of these things to you in the last 12 months? (By partner we mean a boyfriend, girlfriend, husband, wife or civil partner).

- ☐ Prevented you from having your fair share of the household money
- ☐ Stopped you from seeing friends and relatives
- ☐ Repeatedly belittled you to the extent that you felt worthless

1=Yes

2=No

3=Don't know/can't remember

4. Don't wish to answer

5=I have never had a partner/been in a relationship

**Q17.** And has a partner or ex-partner frightened or threatened you in any way in the last 12 months?

- ☐ For example, they may have threatened to hurt you, to kill you, to use a weapon on you, or to hurt someone close to you [such as your children]?

1=Yes

2=No

3=Don't know/can't remember

4. Don't wish to answer

5=I have never had a partner/been in a relationship

**Q18.** Has a partner or ex-partner used force on you in the last 12 months?

☐ For example, they may have pushed you, slapped you, hit, punched or kicked you, choked you or used a weapon against you.

1=Yes

2=No

3=Don't know/can't remember

4. Don't wish to answer

5=I have never had a partner/been in a relationship

**Q19.** And have you been injured (even if only slightly) in the last 12 months as a result of the force used on you?

☐ By injured we mean things such as bruises, black eyes, cuts or scratches, or broken bones.

1=Yes

2=No

3=Don't know/can't remember

4. Don't wish to answer

5=I have never had a partner/been in a relationship

Thank you for answering these questions. Finally we would like to ask a few things about you.

**Q20.** Are you

☐ Male ☐ Female

**Q21.** What is your age?

☐ 16-17 ☐ 18-20 ☐ 20-24  
☐ 25-29 ☐ 30-39 ☐ 40-49  
☐ 50-54 ☐ 55-64 ☐ 65-74 ☐ 75+

**Q22.** Would you write in the first part of your home postcode?

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

☐ I would prefer not to answer this question

**Q23.** Which category best describes your current situation

☐ Married and living with husband/wife  
☐ Cohabiting and living with my partner  
☐ A civil partner in a legally-recognised Civil partnership  
☐ Married and separated from husband/wife  
☐ Single, that is, never married  
☐ Divorced  
☐ Widowed  
☐ None of the above



**Q24.** Do you have children who live with you now

- ☐ Yes - children who are under 16 years of age
- ☐ Yes - children who are aged 16 or older
- ☐ No

**Q24a.** Which of the following applies to you. Tick at that apply

- ☐ I live alone
- ☐ I live with my partner
- ☐ I live with my children
- ☐ I live with my parent(s)
- ☐ I live with other members of my family
- ☐ I live with my friends
- ☐ I live with other tenants

**Q25.** Do you have relatives whom you care for at home because of either: long-term physical or mental ill-health/disability? Or problems related to old age?

- ☐ Yes ☐ No

## **EVERYONE WILL SEE THE LAST PAGE OF THE QUESTIONNAIRE**

You have the opportunity to be entered into a prize draw. There are four prizes of high street shopping vouchers worth £250 each. We are expecting about 1000 people to respond to our survey so your chances of winning are about 1 in 250 - which are not bad odds. Details of the prize draw are as follows:

Prize draw rules [based on Market Research Society regulations February 2012]

1. The prize draw is not a means of collecting personal details for Cavell Nurses' Trust. Word of Mouth Research will administer the collection of respondents' details and the delivery of any prizes.
2. Failure to fully complete the questionnaire will not disqualify anyone from the prize draw.
3. The closing date for entry is 27th August 2016.
4. The prizes are shopping vouchers worth £250. We cannot offer cash as an alternative.
5. Word of Mouth Research Ltd will select four winners at random from all questionnaires returned.
6. The winners will be notified by a letter from Word of Mouth Research, and all winners (unless they prefer to remain anonymous) will be announced at Cavell Nurses' Trust website on the 8th September 2016.

**Q26.** Do you wish to be entered into the prize draw?

[if so, we will ask you to enter your name and contact information on the next page. Please note that this information will not be linked to the answers that you've given to the other questions in this survey.]

☐ Yes, I want to be entered into the prize draw

**Q26a** If you win the prize draw, do you wish to remain anonymous?

☐ Yes ☐ No

[If not, your name would be given on the Cavell Nurses' Trust website.]

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Telephone number \_\_\_\_\_

Cavell Nurses' Trust is a charity which gives support and financial help to nurses, midwives and healthcare assistants ([www.cavellnursestrust.org](http://www.cavellnursestrust.org)).

**Q27.** Before completing this survey had you heard about Cavell Nurses' Trust?

☐ Yes ☐ No ☐ Don't Know

**Q28.** Cavell Nurses' Trust may wish to contact you in the future about the services they offer.

If you do not wish to be contacted by Cavell Nurses' Trust please tick the box below

**Thank you again for taking time to complete this survey and good luck with the prize draw.**

## Thank you!

For helping make this research possible, and on behalf of the nurses, midwives and HCAs we're here for, Cavell Nurses' Trust would like to thank the thousands of nurses, midwives and HCAs who filled out the survey and supported the research.

We'd also like to thank the donors, volunteers, organisations and supporters of Cavell Nurses' Trust.

Amongst many others who helped support this work, thank you to Dom McVey and Adam Crosier at Word of Mouth Research, the team at Claremont, Dina Koulama, Jane Clarke and Rachael McIlroy at the RCN, Simon Baker at the NMC, everyone at WeCommunities, Chris Bowden at Marketing Means and Andrew Wenham at The Joseph Rowntree Foundation.

Thanks from the staff team go to the charity's dedicated Trustees: Simon Knighton, Susan Gostick, Deborah Critchley, Jill Cox, Susan Osborne CBE, Di Caulfield-Stoker MBE, Christina Edwards CBE, Stephen Charlton, Paul Jackson-Clark, Linda Thomas OBE and Ian Bailey and Patrons: Dame Christine Beasley DBE, Loyd Grossman CBE, Ken Jarrold CBE, Professor Lesley Page, Gillian Prager, Diana Souhami, HE The Belgian Ambassador Mr Guy Trouveroy and Sophie Ward.





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