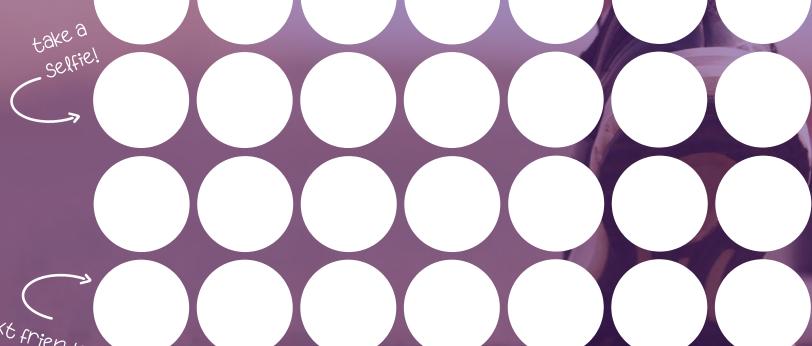
Use the handy october calendar to count down to your 10k event, or keep track of your daily challenges!

OCTOBER





tweet your progress!

text friends about Sponsorship!

#10kFor Nurses