**\*NAME OF YOUR ORGANISATION\* JOINS MEMBERSHIP WORKING WITH THE CHARITY CAVELL TO SUPPORT THE NURSING AND MIDWIFERY FAMILY THROUGH TOUGH TIMES.**

When life throws unexpected challenges, like ill-health or sudden financial burdens, it can be hard to know what help is available.

Nursing and midwifery staff spend a lot of time looking after others, but when they need support themselves, they don’t always know where to turn.

The charity, Cavell, offers a tailored package of support to nurses, registered nursing associates, midwives, and maternity support workers, from advice, signposting, and referrals to specialist services, to one-off grants and rapid emergency funding for those at great risk.

As part of our commitment to the wellbeing of nursing and midwifery staff, **\*name of your organisation\*** is working with Cavell to build a safety net for staff going through tough times.

In 2023, Cavell surveyed nursing and midwifery professionals and found that 80% were unlikely to speak to their employer if they were facing a financial crisis.

Our membership with Cavell gives nursing and midwifery staff a confidential and listening ear for support and guidance outside of work. And the impact is clear to see… Of the staff supported by Cavell, 96% said the help positively affected their mental health, and 81% said that the support helped them get back to, or stay in, work.

Grant applications can be made online on [Cavell’s Support Hub](https://cavell.org.uk/get-support/), where you can also find a host of resources, including a benefits calculator, support with debt and money management, links ­to emotional support, and more. Staff can also phone to speak to a member of the Cavell Support Team about their circumstances and the help available on 01527 595 999.­